

STARTERS & MEZZES

Garlic dough bread	3.25
Tzatziki & garlic bread	4.75
Greek yoghurt with mint, garlic & cucumber	
Houmous & garlic bread (N)	4.75
Chickpeas & sesame seeds blended with garlic, olive oil & lemon juice	
Tempura prawns	7.50
With sweet chilli sauce	
Baked Camembert	7.00
With cranberry sauce & granary toast	
Vegetarian Mezze (N)	11.50
Homemade spicy koftas, feta, olives, tzatziki, houmous, tomatoes, caper berries, garlic bread with sesame seeds	
Cured meats (N)	12.50
Charcuterie of lomo, jamón, salchichón ibérico & chorizo ibérico, caper berries, olives & garlic bread with sesame seeds	

SMALL SALADS/SIDES

Rocket & parmesan salad (GF)	4.50
Nuyu superfood salad (N) (GF)	4.95
Edamame beans, quinoa, kale, chick peas, cranberry, mint, chia seeds with lemon, olive & sesame oil dressing	
Greek side salad (GF)	4.50
Mixed salad (GF)	3.25
Mixed leaves with cherry tomatoes, cucumber, peppers & house dressing	
Coleslaw	3.25
Chips	3.50
Green olives	4.00
Sicilian jumbo olives	

SANDWICHES

Steak	10.50
Minute Scotch steak with rocket, mayonnaise & skinny chips with a choice of stoneground white or granary bread	
BLT	8.50
Bacon, lettuce, tomato, mayonnaise & skinny chips with a choice of stoneground white or granary bread	



PIZZAS

All pizzas are 10" & made with a rich tomato, garlic & herb sauce – available with fresh chillies on request

Classic pizza	7.50	Mediterranean goat's cheese	9.75	Rocket & prosciutto ham	10.50
Tomato sauce, oregano, mozzarella & olive oil		Sun-dried tomatoes, fresh tomatoes, mushrooms, peppers, capers, olives, garlic, oregano & onion		Rocket leaves, parmesan, sun-dried tomatoes, basil oil, capers & prosciutto	
Mushroom	8.50	Greek pizza (N)	9.75	Chorizo	9.50
Mozzarella, mushrooms, tomato sauce & oregano		Tzatziki, feta cheese, fresh tomatoes, peppers, onions, sesame seeds, olives & oregano		Spanish pork sausage, mozzarella, olives & chillies	
Pepperoni	9.95	Merguez & tzatziki	9.75	Clive's Spinach & cheese calzone	10.75
Lightly spiced pork sausage with mozzarella & olives		Spicy beef & lamb sausage, spinach, onions, peppers, garlic & mozzarella topped with cooling tzatziki		Spinach, mozzarella, parmesan & cream	
Ham & tomato calzone	11.50			Prawn saganaki	10.50
Vine tomato, ham, mozzarella, garlic, parmesan & cream				King prawns, feta cheese, tomatoes, spring onions & garlic	

EXTRAS ON PIZZAS

• mushrooms • capers • onions	• mozzarella • bacon • sausage • black pudding	• king prawns • prosciutto ham
• olives • tomato • spinach	• ham • tzatziki • walnuts • sun-dried tomatoes	• goat's cheese • oxford blue • salmon
• peppers • egg	• feta cheese • merguez • pepperoni • chorizo • rocket	2.50
1.20	1.50	

BURGERS

Gluten free buns - available on request

6oz Ground steak burger	9.95
Cooked medium rare, in a seeded bun with tomato, lettuce, red onion & gherkin	
Naked 6oz ground steak burger (GF)	9.95
With tomato, lettuce, red onion, gherkin & a dollop of tzatziki with no bun	
Pulled pork burger	9.95
Free range pork from Rectory Farm, Beckley in a seeded bun with tzatziki, red onion, piquillo peppers, tomato & lettuce	
Veggie burger	9.95
Homemade veggie burger with piquillo pepper, tomato, lettuce & gherkin served in a seeded bun	
All served with a choice of skinny chips or superfood salad or coleslaw or two sides - extra 2.00	
extra toppings: bacon, cheddar, oxford blue, mozzarella, chorizo, tzatziki, houmous, piquillo peppers 1.30 ea	

SALADS

Nuyu superfood salad & feta (N) (GF)	10.50
Edamame beans, quinoa, kale, chickpeas, cranberry, mint, chia seeds, feta with lemon, olive & sesame oil dressing	
King prawn, superfood & coriander	12.50
salad (N) Garlic prawns, chillies, spring onions & coriander served on our superfood salad & teriyaki sauce	
Seared salmon superfood	12.50
salad (N) (GF) Roasted salmon fillet with edamame beans, quinoa, greens, chickpeas, cranberry, mint, chia seeds with lemon, olive & sesame oil dressing	
Goat's cheese & walnut salad (N)	10.50
Baked goat's cheese with mixed leaves, cherry tomatoes, walnuts, croutons & a balsamic dressing	
Rocket & prosciutto salad (GF)	11.50
Sundried tomatoes, parmesan, capers & basil oil	
Greek salad	9.50
Cucumber, tomato, feta cheese, peppers, onions, olives, oregano, olive oil & garlic bread	
Merguez	11.50
Spicy lamb & beef sausages roasted with peppers, spinach, onion, garlic & chillies with cous cous, mixed leaves & tzatziki	

PASTA

Served with a choice of gluten free spaghetti or **Courgetti**

Bolognese (GF)	9.50
King prawn, salmon & coriander (GF)	11.50
With chilli, spring onions, garlic & lime	
Tomato Sauce, mushroom & feta (GF)	9.50
With black olives	

STEAK

8oz Scotch rump steak	14.75
Cooked medium rare with thyme butter, served with skinny chips, rocket & cherry tomato salad	
Peppercorn or Bearnaise sauce	2.00

ALL DAY BREAKFAST - PTO

HEALTHY START

- Superfood porridge** (GF) 4.50
Organic quinoa, oats, apple juice, greek yoghurt & cinnamon, chia seeds & mango purée - Served cold
- Superfood porridge** (GF) 6.50
As above with fresh fruit - Served cold
- Fresh fruit, gluten free muesli & greek yoghurt** (N) (GF) 6.50

TRADITIONAL BREAKFAST

- Full English breakfast** 8.50
Bacon, tomato, Oxford sausage, free-range egg, toast, mushrooms & garlic sautéed potatoes
- Black pudding or baked beans** 1.00
- Vegetarian breakfast** 7.85
Two free-range eggs, tomato, toast, mushrooms, baked beans & garlic sautéed potatoes
- Ham, eggs & hollandaise** 7.50
Honey roast ham with two fried eggs, toast & hollandaise sauce
- Ham, eggs & chips** (GF) 8.50
Honey roast ham with two fried eggs and skinny chips
- Beans on toast** 4.50
Heinz baked beans with parmesan shavings served on toast
- Cherry tomatoes on toast** 6.50
Roasted with virgin olive oil & balsamic vinegar
- Waffle & maple syrup** 6.50
With fresh berries
- Eggy bread** 5.25
Slice of granary eggy bread with cinnamon & maple syrup
- Eggy bread & bacon** 7.50
Rashers of bacon on a slice of granary eggy bread & maple syrup
- Toasts** 2.00
Granary or stoneground white with butter, jam, marmalade or marmite



THE FULL MONTY BREAKFAST DEAL - £16.50

A bloody mary or bucks fizz or glass of fizz • Coffee or pot of tea • Fresh orange juice

Choose one of the following:

Full English breakfast

Bacon, tomato, Oxford sausage, free-range egg, toast, mushrooms, garlic sautéed potatoes

Arnold Bennett omelette

Classic omelette with undyed smoked haddock, with herbs & a hint of cheese (the writer Arnold Bennett's favourite, whilst staying at the Savoy Hotel)

Omelette & toast

(With any 3 of the following) mozzarella, tomato, mushrooms, peppers, feta cheese, spinach, bacon, chorizo, ham, sausage, black pudding, onion. Chillies on request

Vegetarian breakfast

Two free-range eggs, tomato, toast, mushrooms, baked beans & garlic sautéed potatoes

OMELETTES

- Arnold Bennett omelette** (GF) 10.00
Classic omelette with undyed smoked haddock, with herbs & a hint of cheese (the writer Arnold Bennett's favourite, whilst staying at the Savoy Hotel)
- Omelette with any two fillings** (GF) 8.50
- Omelette with any three fillings** (GF) 9.50

Mozzarella, tomato, mushrooms, peppers, feta cheese, spinach, bacon, chorizo, ham, sausage, black pudding, onion. Chillies on request

BREAKFAST SANDWICH

- Egg, bacon & sausage** 6.75
Toasted granary or stoneground white, with fried egg, rashers of bacon & an Oxford sausage
- BLT** 8.50
Bacon, lettuce, tomato, mayonnaise & skinny chips with a choice of stone ground white or granary bread

FRESHLY MADE JUICES TO ORDER £4.00

Orange, carrot & ginger

Kale, spinach, cucumber & apple

Apple, pear, ginger & lime

Apple, celery & carrot

Mint, pineapple, orange, carrot & lime

CREATE YOUR OWN JUICE FROM THE FOLLOWING FRUIT & VEG:

Pear, apple, carrot, ginger, kale, pineapple, orange, celery, spinach, cucumber & mint

ADD A PUNCH TO YOUR JUICE - ADD RUM, VODKA OR TEQUILA FOR AN EXTRA 4.50 (50ml)

COFFEE

- Cappuccino** small 2.60
large 3.20
- Espresso** 1.80
- Double espresso** 2.30
- Latte** 2.60
- Americano** 2.30
- Macchiato** 2.20
- Iced coffee with cream** 3.20
- Soya milk & skimmed milk available on request

HOT CHOCOLATE

- Hot chocolate** 2.60
- Hot chocolate, whipped cream & marshmallows** 3.30

TEA

- Loose leaf teas served in a fusion pot** 2.50
- Breakfast tea**
Traditional blend of assam from India's finest tea gardens, a tea with satisfying full flavour
- Earl Grey**
Finest black tea with delicious natural Sicilian bergamot oil, decorated with delicate blue cornflower petals
- Mint tea**
Fresh mint & gunpowder tea
- Blooming Ceylon**
With hibiscus, jasmine, mallow & rose blossoms

Green tea
Full of minerals & antioxidants, it has mellow nutty taste & fragrant sweet aroma

Blackcurrant pop
Tart & intense flavours of blackcurrants & raisins are blended with elderberries, candied pineapple chunks & hibiscus blossoms

Red berry burst
Rich berry explosion both in flavour & colour, enjoy its sweet & slightly tangy fruit taste, packed full of vitamin goodness